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# ≈ Collegium News ≈

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Volume 7 Issue 1

Newsletter of the Cannon Valley Elder Collegium

February 2004

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#### Funding

MN Humanities  
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#### Staff

Teresa Ballentine  
Administrative Aide  
Kathy Mellstrom  
Publicity Aide

## Humanities on a Personal Level

Most of the Elder Collegium classes have a strong academic bent, exploring topics in history, literature, art and other humanities-oriented areas. On the other hand, a course like David Maitland's "Unfinished Business: Latent Maturations" reverts the gaze to the individual life.

Many CVEC members are at a point in life where most or all of their "career" is behind them, a point where one might well ask, "Where am I, and where do I want to go from here?" This course provides a structure to examine facets of these questions and to share insights with other thoughtful class members.

Class sessions are loosely organized around the chapters of a book (not yet published) written by Maitland. Students read a chapter, write a response, and then discuss the topics and their reactions to them. In a recent session, they talked about their own attitudes about growing older and the attitudes exhibited by their parents or others who have influenced them. This is a class where a high level of trust develops as people share personal thoughts and feelings.

The goal of the course seems to be to develop self awareness and thereby self direction by examining new realities, including both possibilities and limitations. The result aimed for is to gain the impetus and the tools needed to make thoughtful and deliberate choices about the attitudes and activities that will maximize the quality of our later and even last years.

**Winter Session 2004:** We welcomed 34 new students. There were 185 registrations for this session. This is the highest number of registrations for a single session in the history of CVEC. Students are from 8 communities and from as far away as Inver Grove Heights, Minneapolis, and Stillwater.

## Meet the Author: **David Maitland**



"Thank God there's more to me than that!" This brief and concise prayer heard some 20 years ago by David Maitland is both an inspiration to him and a description of what he is about. Near the end of 30 years as Chaplain and member of the Religion Department of Carleton College, he decided part of his "more to me" included writing a book about confronting the factors of birth date, place, and society that influence one's sense of self, and taking charge of life. To date, four of his books have been published. The fifth, not yet published, bears the same title as the CVEC course he is teaching this winter: "Unfinished Business: Latent Maturations." Course and book are about dealing with new realities, making the most of the new possibilities, and adjusting to inevitable losses.

p.s. By the way, if you see him, please give him a hug.

**Spring Term** classes begin March 29, 2004. Registration date is March 9. Complete course information and registration instructions will be in the brochure to be mailed mid-February. Here are the titles and instructors of Spring courses:

**Let's Go to the Theater--and Maybe Remember What We Saw**  
**Still Afraid of Virginia Woolf?**  
**Johannes Brahms: A Requiem, a Symphony, and a Chamber Work**  
**The Chemistry of Life's Beginnings**  
**Wordsworth**  
**Worldmaking and Metaphors**

Ed Sostek  
Don Norris  
Bill Child and Ron Ronning  
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**Mark Your Calendar!** CVEC and the Senior Organization are co-sponsoring a Video, CD, and DVD sale at the Senior Center Friday, April 2 from 8:00 a.m. to 5:00 p.m. and April 3 from 8:00 a.m. to 12 noon. Save and bring your no longer used video's, CD's, and DVD's to the Senior Center on April 1st. Profits will be split equally between CVEC and the Senior Organization. Interested in helping? Call Connie Sansome at 642-4242.

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## **Read All About It!**

Two of our classes hosted guests from the media recently. After being contacted by Doug Kriesel of the CVEC board, the *Minneapolis Star Tribune* sent photographer Renee Jones and staff writer Tom Ford to visit classes and speak with the instructors the first week of Winter Term. The result was a sizable article and photo in the January 14 "South Metro" section of the newspaper.

The article includes an overview of the Collegium and its history, as well as a few choice quotes. It also features a "How to Sign Up" sidebar notice, which may generate more interest among potential metro area students.

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## **For Your Information**

Collegetown Development Group has designed plans for a senior housing complex to be constructed on the former County Market site. "Village on the Cannon" includes one-level condominiums and eventually an assisted living facility staffed by Three Links. The complex will include a classroom where some CVEC classes could meet. An informational meeting will be held March 15. Call 888-507-8771 or e-mail [info@villageonthecannon.com](mailto:info@villageonthecannon.com) for details.

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## **Fund Drive A Success**

The Annual Fund Drive at the end of 2003 has brought in \$7,754 so far, and there is more to come. Thanks to all the dedicated and generous people in the Cannon Valley Elder Collegium family, the drive was a great success. The Board would like to thank all who participated:

Keith & Bev Anderson, Robert & Janie Anderson, Solveig Bailey, Teresa & Bob Ballentine, W. Burdette & Elaine Benson, Duane & Marie Benson, Harlan & Eleanor Blockhus, Jean & Shelby Boardman, Frances Sorrel Bodman, Richard & Hongyuan-Lang Bodman, Eugene & Marilyn Boschee, Judith Broske, Jon & Grace Buck, Lois Burgoyne, Ollie Byrum, William & Charlotte Carlson, John & Ann Caruso, Dr. & Mrs. Frank Cerny, Mary Charlton, Robert & Suzannah Ciernia, Clifford & Grace Clark, Bill & Penny Cupp, Jim & Nancy Dimick, Reidar & Chrisma Dittmann, Ray & Mary Ann Eng, Evelyn Estenson, Hazel Evans, Ivan & Pauline Fagre, Vern & Billi Faillettaz, Jennings & Elaine Feroe, Jim & Beverly Finholt, Alene Fink, Carol Fitzmaurice, Paul Fjelstad, Ed & Bobby Fox, Sigurd & Margit Fredrickson, Frank & Marie Gery, David & Patricia Halsor, Jerry & Liz Hankins, Ruth Hansen, Ralph & Marilyn Haugen, Henry & Ruth Helgen, Eldon & Doris Hill, Tim & Carolyn Hogan, Jim & Caroline Holden, Howard & Edna Hong, Mary Hove, Linda Hunter, Marion Hvistendahl, Ray & Jeanne Jacobson, Barbara Jenkins, Carmen Johnson, Verna Johnston, Paul & Joann Jorgensen, Joan Kark, Ellen Keller, Joni Kilde, Hanno & Julie Klassen, Richard & Jo Ann Kleber, Carol Korda & Bruce Dalgaard, Donald & Margaret Krause, Doug & Patricia Kriesel, Gerald & Jean Larson, Paula Lawrence, Ross & Sally Legrand, Sam & Sue Lewis, Ken & Joyce Madole, Shirlee Madow, Russ & Stanlyn Margulies, Anne Mayer, Jane McWilliams, Jerry & Adrienne Mohrig, Elizabeth Muir, Sharol & Richard Nau, Allan & Imogene Nelson, Gerhard Nygaard, Lanelle Olsen, Dean & Dorothy Ostlie, Omar & Margery Otterness, Dan Palm, Bobbie Peterson, Mike & Berta Porterfield, Mary Price, Diethelm & Peggy Prowe, Bill Quick, Mary Raney, Gordon & Charlotte Rasmussen, Joan & Robert Reitz, Deane Richardson, Ron & Bettye Ronning, Brynnie Rowberg, Elton & Connie Ryberg, Constance & Ken Sansome, Julia Savina, Dorothy Schilling, Nancy Sivright, Bardwell & Charlotte Smith, John & Greta Smith, George and Carolyn Soule, Peter & Teresa Stead, Fred & Mary Stedman, Paul & Joanne Stohl, John & Virginia Street, Paul & Shirley Tollefson, Margaret Vanderkolk, Solveig Velde, Bob Wait, James & Nancy Walker, Ken & Lois Wilkens, Marilyn Will, Robert & Barbara Will, Joy Wolf, William & Molly Woehrlin, Mary Wood, Myrna Wright, Pai W. Yang, and Kathleen Yung.

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